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Before Happiness: The 5 Hidden Keys to Achieving Success, Spreading Happiness, and Sustaining Positive Change Shawn Achor Crown , Sep 10, 2013 - Business & Economics - 272 pages

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The result was an entirely new book called Before Happiness: The 5 Hidden Keys to Achieving Success, Spreading Happiness, and Sustaining Positive Change. In it, Achor discovers that a person's happiness is inherently tied to their perception of reality.

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Before Happiness 0Book Summary) - Ethos3

Before Happiness is all about changing your perspective on life. By reshaping your environment and looking at a situation from a new perspective can give you the tools you need to make the most out of anything - a lofty goal, an unexpected challenge, ...

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Before Happiness: The 5 Hidden Keys to Achieving Success ...

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